

Roll No.

KENDRIYA VIDYALAYA SANGATHAN, PATNA REGION
SUMMATIVE ASSESSMENT - 2, 2016-17

CLASS - X

1525

ENGLISH

Sl. No.

TIME - 3 HOURS]

[MAX. MARKS - 70

General Instructions :

The question paper is divided into three sections : A, B & C.

Section - A : Reading 20 Marks.

Section - B : Writing and Grammar 25 Marks.

Section - C : Literature Textbook and Long Reading Text 25 Marks.

General Instructions :

- (i) All questions are compulsory.
- (ii) You may attempt any section at a time.
- (iii) All questions of that particular section must be attempted in the correct order.

SECTION - A (READING - 20 MARKS)

1. Read the following passage carefully :

(When Narendra was preparing for Class X Board Examination he had gained six kilograms, He approached Dr. Kailash Patel of the Fortis Hospital.)

(1) He was told that lack of Physical activity was the primary cause of excessive weight gain. He further advised Narendra to follow a few essential tips.)

[Turn Over

As Narendra's appetite had gone up and he had begun to eat snacks frequently, Dr. Kailash Patel asked him to give up the habit and have small meals at frequent intervals. (He was also told not to skip a meal, in case he still felt the urge to eat snacks and junk food, he advised Narendra to have sprout and salad instead of snacks loaded with fat and eat fruits in place of snacks with refined sugars.) (To avoid the temptation of munching on biscuits, chips and Namkeens, he was advised to munch carrots, cucumber and fruits.)

(To keep up his metabolism and be able to concentrate for longer hours on his books, he was advised to avoid heavy meals specially late at night. He needs to expose his body to sunlight for at least fifteen minutes a day to imbibe vitamin D which is vital for regulation of weight and also for the brain.)

(When it came to cold drinks, Narendra was advised to drink skimmed milk, nimbupani and green tea to help him get rid of untimely hunger pangs.)

(As far as his study routine was concerned, Dr. Kailash Patel advised him to take break frequently instead of sitting for long hours at a stretch as that could cause headache. In case he did get a headache it was necessary to learn what had triggered it, than try and avoid those things.)

Above all, Narendra was also advised to take regular exercise, as all work and no play makes Jack a dull boy.

On the basis of your reading of the above passage answer the following questions :

1×8=8

- (a) Why did Narendra approach Dr. Kailash Patel ?
- (b) What was the main reason for Narendra's abnormal weight gain ?

- (c) What substitutes were advised for Narendra in place of snacks and junk food ?
- (d) How could he overcome the temptation of eating Biscuits and Namkeens ?
- (e) Why was Narendra asked to stay away from heavy meal late at night ?
- (f) What kind of cold drink was Narendra permitted to have ?
- (g) What was the cause of headache according to Dr. Kailash Patel ?
- (h) Why should we expose ourselves to sunlight for fifteen minutes every day ?

2. Read the following passage carefully :

Cal (The word yoga originates from the ancient Indian Sanskrit language. It means to 'bind and unite'. It is a system that unites the body, the breath and the mind. Through this union of physical postures, breathing techniques and meditation, man strives to achieve better health, happiness and a higher level of consciousness.

Lord Shiva is referred to as the first teacher of Yoga in Hindu Mythology. As 'Yogeshvara' or the Lord of Yoga, he empowers his worshippers to master Yoga. Shiva is shown most commonly in the lotus pose or 'Padmasana'. This sitting pose in Yoga is said to depict the perfect beauty of the Lotus flower. Lord Buddha is also depicted in this perfectly symmetrical lotus position in his meditations. The pose gives physical stability and the proper breathing necessary for proper meditation.

[Turn Over

The word Yoga appears for the first time in the Vedic 'Katha Upanishad' composed around the fourth to third century BC. However, as the 'Pashupati' seal found in the Indus Valley Civilization depicts figures in meditation poses similar to yoga, some historians believe that yoga may have been practiced even in pre-Vedic times. Hence, Yoga could have originated almost 5000 years ago.

(A) (A Maharishi by the name of Patanjali is known as father of modern Yoga.) Today, Yoga enjoys high levels of awareness and popularity all over the World. Swami Vivekananda, Tirumalai Krishnamacharya, Swami Sivananda, B K S Iyengar, Maharishi Mahesh Yogi and Paramahansa Yogananda are some famous personalities who have made the practice of yoga popular in the West.

(B) (The United Nations recognized the importance of yoga. June 21 was observed as 'International Day of Yoga'. About 35,000 Indians led by Narendra Modi, Prime Minister of India, performed Yoga for 35 minutes at Raj Path in New Delhi. The event set the Guinness record as the 'largest yoga' class in the world with 35,985 people participating. The second record set on the day was of people participating from 84 nations all over the World. Yoga guru Baba Ramdev has been greatly responsible for popularising Yoga at the National level.)

(C) (Scientific studies have established a numerous range of health benefits from the practice of Yoga. It helps in cases of simple headache, insomnia, heart ailments, bone or joint disorders, mental disturbances, eating and

digestive disorders, reducing stress and weight. A Norwegian study has shown how yoga boosts the immune system at a genetic level. Other studies have documented how Tibetan monks in thin robes, use a Yoga meditation technique to withstand extreme cold at heights exceeding 15000 feet in the icy nights of the Himalayas. They do so by controlling their skin temperatures and lowering their metabolism rates.

2.1 Answer the following questions in about 30 - 40 words : 2×4=8

- (a) What is the meaning of Yoga according to Sanskrit language ?
- (b) Who is known as father of modern Yoga ?
- (c) Why is 21st June very important for Yoga ?
- (d) What are the major health benefits from the practice of Yoga ?

2.2 Do as directed : 1×4=4

(i) The word 'posture' as used in the passage means

- (a) dedication
- (b) position
- (c) devotion
- (d) affection

(ii) The word 'Yogeshwara' is used in the passage to denote

- (a) Lord of Yoga
- (b) Lord of Fire
- (c) Lord of Power and Strength
- (d) Lord Vishnu

[Turn Over

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- (iii) Pashupati seal found in the Indus Valley Civilization depicts
- (a) Figures of agriculture
 - (b) Meditation postures of Yoga
 - (c) Figures of war and battle
 - (d) Figures of village life
- (iv) The yoga posture of 'Padmasana' depicts the beauty of
- (a) Lotus flower
 - (b) Marigold flower
 - (c) Rose flower
 - (d) Jasmine flower

SECTION -- B (WRITING AND GRAMMAR -- 25 MARKS)

3. You are Ashish/Priyanshi and make the following notes after reading about the disappearance of bird habitats from city, forests and parks. Write an article in 100-120 words stressing upon the need for bringing back the birds to the city.

5

Overuse of pesticides in maintenance of city parks... Cutting down of roadsides trees... putting up of communication tower on rooftops facing parks... leading to extinction of nesting grounds of birds..... Preservation of bird life through man-made bird baths in home balconies..... Nesting areas in gardens and orchards..... need for clean and green environment.

4. Write a speech in 150-200 words for creating awareness about road safety rules : 10

Follow road safety rules ---- Prevention is better than cure ---- Drive slowly ---- Follow traffic signals ---- keep to your left ---- overtake carefully ---- from left ---- avoid drinking smoking mobile phones ---- Fasten seat belt. ---- Check air pressure and brake frequently----

5. Fill in the blanks choosing the most appropriate option from the ones given below. Write the answer in your answer sheet against the correct blank numbers : $\frac{1}{2} \times 6 = 3$

A ban (a) European imports (b) India's alphonso mango, prized (c) its aroma and taste, (d) drawing anger (e) Indians in Britain, who say (f) move deprives them of summer's sweetest flavours.

- | | |
|--------------|------------|
| (a) (i) in | (ii) on |
| (iii) at | (iv) upon |
| (b) (i) of | (ii) from |
| (iii) at | (iv) to |
| (c) (i) from | (ii) for |
| (iii) to | (iv) since |
| (d) (i) is | (ii) a |
| (iii) an | (iv) the |

(8)

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- | | |
|--|--|
| (e) (i) to
(iii) the
(f) (i) the
(iii) an | (ii) from
(iv) an
(ii) at
(iv) is |
|--|--|

6. In the passage given below, there is one error in each line. Identify the error and replace it :

$\frac{1}{2} \times 8 = 4$

Incorrect Correct

- | | |
|---|-----------|
| (a) There is a old saying "All that glitters is not gold". | (a) |
| (b) What we see in our naked eyes is not always right. We think that | (b) |
| (c) the film stars and cricket stars is the real Heroes of Hindustan. | (c) |
| (d) Most of the Hindustani people are a great fan of these film star. | (d) |
| (e) People likes to blindly follow and copy them. | (e) |
| (f) People want to follow there dressing and hair style. | (f) |
| (g) The main question is " Which are the real heroes of Hindustan ? | (g) |
| (h) The farmer working in the field are the real Heroes of Hindustan. | (h) |

7. Rearrange the following words and phrases to form meaningful sentences : 3

- (a) Is/of/Sardar Patel/as/unity/birthday/national/celebrated/day.
- (b) Is/the/ancient/of/Allahabad/Prayag/name.
- (c) Allahabad/is/Nasik/mela/Ujjain/organized/Haridwar/at/mahakumbh/and.

SECTION - C

(LITERATURE TEXTBOOK & LONG READING TEXT - 25 MARKS)

3. Read the extract given below and answer the questions that follow : $1 \times 3 = 3$

"Well, you needn't be, because I just came to tell you to stop bothering us for assistance, you aren't going to get it. We're going on strike !"

- (a) Who is I in the above given extract ?
- (b) To whom is the speaker of the above lines speaking to ?
- (c) Identify the lesson from where the above extract has been taken ?

OR

"Friends, Romans, countrymen, lend me your ears; "

"Come to bury Caesar, not to praise him.

"The evil that men do lives after them;

"The good is oft interred with their bones"

- (a) Who is I in the above given extract ?
- (b) To whom was the speaker of the above lines addressing to ?
- (c) Where did the speaker speak the above lines ?

9. Answer any four of the following questions in 30 - 40 words each : $2 \times 4 = 8$

- (a) What do you think, the poet of the poem 'snake' was a coward or a brave person ?
- (b) Do you think Caesar would not have died if he had listened to his wife and stayed at home ?

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- (c) ✓ What do you come to know about Patol Babu from the chapter 'Patol Babu', film star ?
- (d) What kind of stories does Jenkins want the narrator to write ? Why ?
- (e) Why was the albatross hung around the neck of the ancient mariner ?

10. Answer the following question in about 80-100 words each : 4

Video games, internet and other high-tech gadgets are just a part of growing up in a digital world. But parents should keep a check because excessive use of these gadgets can hamper their physical, mental, social and emotional growth. Express your ideas about the same in the form of a paragraph.

OR

Write a paragraph on the central theme of poem 'Snake'.

11. ✓ Attempt either Part A or B : 10

Part - A

What were the subjects that Helen liked to study the most ? Why ?

OR

Briefly illustrate the character sketch of Helen Keller.

Part - B

What kind of relationship did Anne share with her mother ?

OR

Write the character sketch of Anne.

